



Proud to be



BRONZE LEVEL

Bronze is the first level of the Award, any young person between ages 14-24 can start it. Bronze takes a minimum of 6 months to complete.

There are four specific sections to complete —Service, Skills and Physical Recreation and an Adventurous Journey.

The table below gives you a good idea of what time is involved for each section, but bear in mind that if you're already playing a sport, learning a skill (e.g. learning to drive or play a musical instrument), or helping others in your community; that time may count towards your required hours.

Note that activities done prior to enrolling will not be acknowledged.

BRONZE	SERVICE	SKILLS	PHYSICAL RECREATION	ADVENTUROUS JOURNEY
Ages 14 - 24 Minimum completion period of 6 months. Participants must complete the requirements in each of the sections concurrently.	At least 24 hours spread over 3 months	Select an activity and show regular effort and improvement over 3 months (e.g. debating, photography, chess)	Select an activity and show regular effort and improvement spread over 3 months	Undertake a journey with an agreed purpose over 2 consecutive days and 1 night in an unfamiliar natural and remote environment. The group of no fewer than 4 peer equals, supervised and assessed by an experienced adult(s). 6 hours planned activity per day. Accommodation in tents, trail huts or similar. Basic guide for an Expedition: Walk: 24 km / Cycle: 80 km / Horseback: 48 km / Canoe: 4 hours per day / Sail: 6 hours per day
	Averaging at least 1 hour per week on each section, plus a further 3 months in either Service, Skills or Physical Recreation sections.			

All activities must be recorded on a PoE (Portfolio of Evidence) or ORB (Online Record Book) by the participant and approved by activity coaches. ORB is currently only available to schools and activity coaches with infrastructure to record and approve activities online.

Still have questions? Contact us on info@presidentsaward.co.za