

Time requirements:

The time requirements for this Section are broadly the same as the Physical Recreation and Service Sections. Bronze participants and Direct Entrants at Silver or Gold level will have to devote some extra time to one Section of the Award, and they may choose to make up this time in the Skills Section. For an explanation of how this works, see the overall time requirements in the General Conditions section of this book.

Minimum time If Skills chosen as longest Section

Bronze	3 months	6 months
Silver	6 months	12 months (non Bronze holders only)
Gold	12 months	18 months (non Silver holders only)

Examples:

The list of possible activities is almost unlimited but participants should be careful not to pick activities that are considered, in Award terms, to be a Physical Recreation Section or a Service Section activity. A simple "rule of thumb" is that if the activity does not make you sweat, it's a Skill. Some examples are given here:

- **Music:** Playing an instrument; music appreciation; learning musical theory; singing in a choir or band; singing solo; bell ringing; being a disc jockey
- **Sports related:** Sports officiating; umpiring and refereeing; sports appreciation; sports equipment making and maintenance; sports ground maintenance; dance appreciation; flying; gliding; motor sports; marksmanship
- **Crafts:** basket weaving; bookbinding; cake decoration; candle making; ceramics; clay modelling; cookery; embroidery; crocheting; dough craft; dressmaking; egg decoration; enamelling; flower arranging; glass painting; glasswork; jewellery making; knitting; lace making; leatherwork; origami; quilting; rug making; soft toy making; spinning; t-shirt painting; weaving; wine appreciation (observe minimum age for drinking alcohol); wire making
- **Arts:** architectural appreciation; art appreciation; calligraphy; drawing; history of art; painting; photography; sculpture
- **Nature:** agriculture / farming; aquarium keeping; astronomy; bee keeping; bird watching; conservation; dog training and handling; fishing; forestry; gardening; horticulture; horse care and handling; insects study; keeping pets; weather studies / meteorology

- **Communication:** film and video making; film studies; sign language; Braille; foreign languages; newsletter and magazine production; reading; writing; presentation skills; public speaking and debating
- **Hobbies:** aircraft recognition; brass rubbing; coin collecting; stamp collecting; ship recognition; model construction; model soldiers
- **Games:** billiards; snooker; pool; card games; chess; draughts; darts; backgammon; other table games; fantasy role playing games; war games
- **Life skills:** committee skills; democracy and political studies; event planning and organising; drugs awareness; health awareness; peer education; money management
- **Vocational skills:** accounting; hairdressing; vehicle maintenance; information technology; engineering; home science; journalism; fashion; furniture making; furniture restoration; metal work; secretarial studies; tailoring; woodwork; upholstery
- **Performance skills:** drama and theatre skills; circus skills; puppetry; baton twirling

